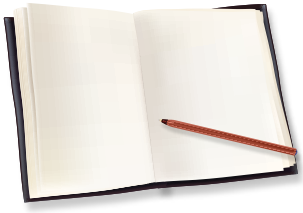
My privacy diary: what happened to my online data in the past week/fortnight/month?



In what scope have I disclosed my personal data? Possibly what has another- familiar or unknown - person said or written about me? Have I disclosed my name, phone number or email address to anybody? Have I logged into websites? Have been files down- or uploaded to my PC? Have I used a mobile application on my mobile phone? etc.